

Questions to Ask Your Doctor

About Low-Dose Radiation Therapy (LDRT) for Osteoarthritis

Bring this page to your next appointment. There's space under each question to jot down what your doctor says, so you have it to look back on later.

IS THIS RIGHT FOR ME?

- Is low-dose radiation therapy an option for my osteoarthritis or degenerative joint pain?

- Are there reasons I might not be a good candidate for this treatment?

- How does this compare to the medications, injections, or physical therapy I've already tried?

GETTING STARTED

- Can you refer me to a radiation oncologist to discuss this further?

- Is this treatment available at our hospital, or where is the nearest location?

- Will my insurance cover this, and is prior authorization required?

WHAT TO EXPECT

- How many sessions would I need, and how long does each one take?

- What side effects should I watch for?

- How long might the relief last, and can treatment be repeated if it wears off?

For education only. This checklist is provided by Radiant Joint Alliance, a patient education initiative. It is not medical advice. Only your doctor can tell you whether low-dose radiation therapy is appropriate for your specific situation.